Stop The Bleed First Aid

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Kalispell, MT 2021

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Pioneer Meats



SAVE A LIFE

STOP THE BLEED® Course American College of Surgeons

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Version 2



STOPTHEBLEED.ORG





Personal Safety

YOUR safety is **YOUR** first priority

- If you are injured, you cannot help others
- Help others only when it's safe to do so
- If the situation changes or becomes unsafe:
 - √ Stop
 - √ Move to safety
 - √ If you can, take the victim with you

- A Alert 911
- Bleeding
- Compress



B Bleeding

- Find source of bleeding
- Look for:
 - √ Continuous bleeding
 - √ Large-volume bleeding
 - √ Pooling of blood

C Compress - Pressure

- Apply direct pressure to wound
- Focus on the location of the bleeding
- Use just enough gauze or cloth to cover injury
- If pressure stops the bleeding, keep pressure on wound until help arrives



C Compress - Tourniquet

- Apply 2 to 3 inches above wound
- Do not place over the elbow or knee
- Tighten tourniquet until bleeding stops
- Do NOT remove the tourniquet

C Compress - Tourniquet

- Can apply to others or on yourself
- Can be applied over clothes
- Tourniquets HURT
- A second tourniquet may be required to stop the bleeding













FAQs

- Impaled objects?
- Improvised tourniquets?
- Loss of arm or leg?
- Pain?
- Other questions?



The only thing more tragic than a death... is a death that could have been prevented.



Neck, Head and Spinal Injury

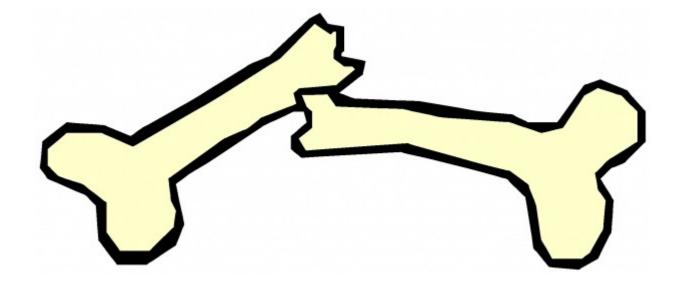
- DO NOT MOVE
- Unless there is immediate danger
- Concussions can be serious



"First, we need to stabilize his spine!"

Broken Bones

- Splint with what you have
 - Pillows
 - Other body parts







Burns

- Remove burning object (Clothes etc)
- Cool with cold water
- Lightly cover

Poisoning

- Material Safety Data Sheet (MSDS)
- Solution to Pollution is Dilution



Anaphylaxis

- Epi Pen use
 - Top Off
 - Press Against Skin
 - Hold for 3-5 seconds





"If your mother asks, it's water buffalo."

Diabetic Emergency

Signs of a problem

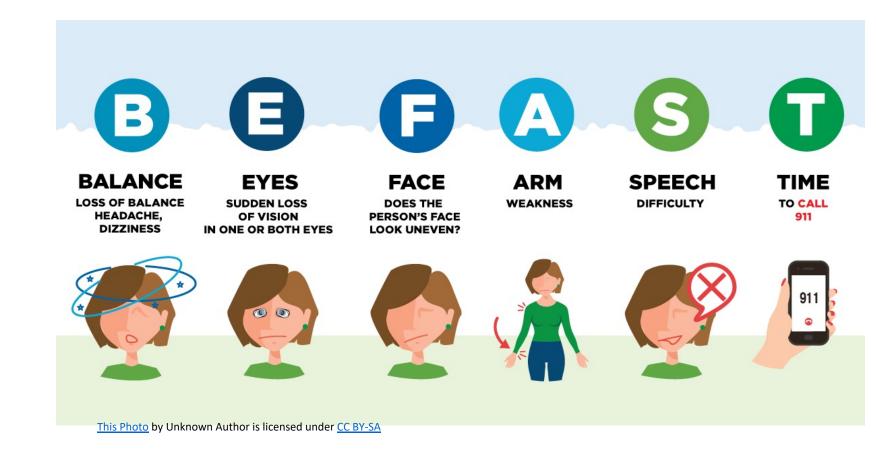
- Hunger
- Clammy skin
- Profuse sweating
- Drowsiness or confusion
- Weakness or feeling faint
- Sudden Loss of Responsiveness

Treatment

 Sugar!! Orange Juice, Pop (No Diet), Candy Bar, Peanut Butter

Stroke

- BE FAST
 - Balance Loss
 - Eyesight loss
 - Facial Drooping
 - Arm weakness
 - Speech Diffculty
 - Time to Call 911

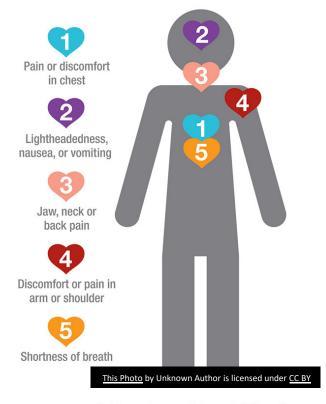


Heart Attack

- CPR
 - Chest compressions only
- AED
 - Automated External Defibulator



Common Heart Attack Warning Signs



Learn more at Heart.org/HeartAttack.

Seizure

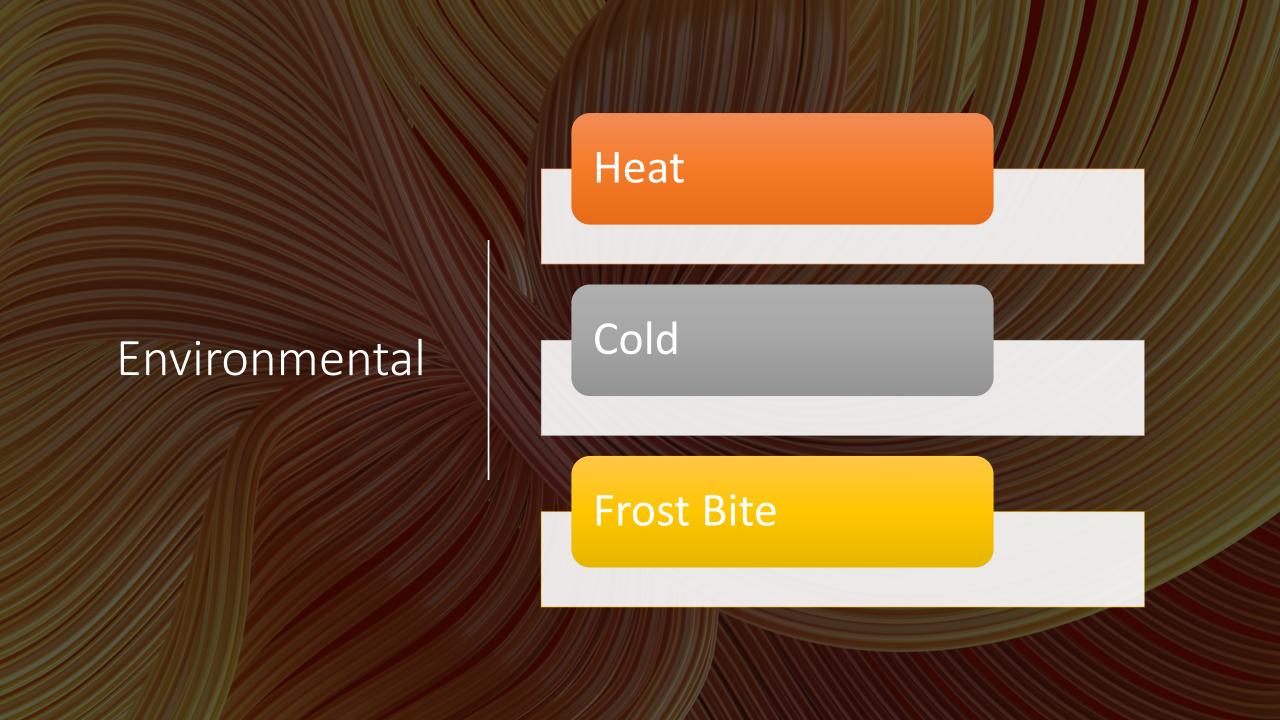
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Keep Person Safe 2

Do Not Put anything in mouth

3

Lay on side for recovery



Thank You!